

SCHOOL COMMUNITY NEWSLETTER

WEEK 9, TERM 1

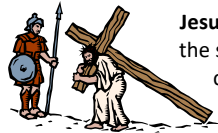
WEDNESDAY 27TH MARCH 2019

Dear Parents, Staff and Students,

AN EASTER REFLECTION FOR PARENTS

The following is an excellent reflection for parents of teenagers, looking at the Stations of the Cross. Our faith can be tremendous support as challenges and joys are faced each day.

Jesus is condemned to death Think of when you (as a parent) have had to stand tall in the face of ridicule – when teenage children question your values, friends disagree with your parenting habits or when the whole shopping centre watches as your toddler throws a tantrum. Lord help me to stand up for what I believe in the midst of ridicule.



Jesus carries the cross You carry your cross with every burden that being a parent places on **your** shoulders – the nights worrying about the son/daughter who is out late with their friends. The hours, weeks and months caring for a sick child or the fights with your adolescent child. Jesus I know that I will experience difficult times as a parent. Help me to put up with these for the sake of my family.

Jesus falls As a parent you are often wounded. You fall under the weight of the parenting cross, you are exhausted from lack of sleep, you temporarily lose your way and you feel you can't keep it together. Lord give me strength to stand up after I fall.

Jesus meets his mother You can be lifted by those who share your pain – your friends and loved ones who feel helpless as you care for a sick child, support a struggling student or work with an oppositional child. Lord thank you for those who support me and care in difficult times.

Simon carries Jesus' cross So often people help you carry the parenting cross – your partner, your own parents, teachers, doctors, friends, other parents. Lord bless those who help me along the way.

Veronica wipes Jesus' face For those moments of grace when you wiped food from the toddler's chin, or soaked sweat from the forehead of the child with fever. Thank you God for the opportunity to make a difference in my family's lives.

Jesus speaks to the holy women There are times when you are wounded but minister to others. The sick mother who continues to take the kids to school, get the ironing done or go to work. The dad who is exhausted from shiftwork, but kicks the ball with his son at the park. Lord may I always see others in need.

Jesus is stripped of his garments There are times when earthly possessions are taken away through disaster, loss of employment, struggle with interest rates, loss or theft. Jesus, may we never get caught up with earthly possessions but remember the value of your Kingdom.

Jesus is nailed to the cross Sometimes you are helpless and unable to minister to your family because of illness, mental anguish, divorce, separation or travel. Lord help us in our own suffering so that some good may come from our struggle.

Jesus dies on the cross There are losses along the way. You sometimes experience dark times that are not life giving. You struggle with the pressures of life. Lord be with me in my hours of need.



The Resurrection Many parenting experiences have "resurrection" possibilities. Your soul is raised when your child says, "I love you". You see them graduate, win their soccer game, do well in an exam, overcome an obstacle, bounce back from an illness, get a job, meet a life-giving partner. These hope-filled moments of glory see us triumph over struggles, difficult situations and dark times. "God comes to us disguised as everyday life." Christ is with us in our ups and downs. That's where we find Him ...

GOOD NEWS STORY

This week I received a phone call from Mr and Mrs Connelly who were visiting from Maitland. When Mr & Mrs Connelly boarded the train on their return journey, three of our boys politely offered their seats, which highly impressed them. Well done, boys. Your courteous behaviour in public is a credit to the School.

PERU 2019

Following the very successful trips to Lima, Peru in 2016, 2017 and 2018, another group will travel to Lima in April of this year. Congratulations to the following staff and students who have been chosen:

STAFF: Mrs Bronwyn Price, Mr Jonathon Bishop, Mr Bill Price and Mr Andres Trujillo

STUDENTS: Christian Mateo Blazquez, Jack Busuttill, Joshua Dambiec, Anthony Fortini, Xavier Loaiza, Michael Moreira, Daniel Nader, Costa Nicolaou, Joshua Puglia, Adrian Trousdale

Whilst over there, they will visit our Edmund Rice Education Beyond Borders partner school Fe y Alegria, build a house for a poor family and visit the culturally significant Machu Picchu.

GOOD NEWS STORY – KAI HAMMOND, GOLD MEDAL AND STATE RECORD

Congratulations to Kai Hammond who won the U/17 Boys 3000m event at the recent LANSW State Track & Field Championships. Kai now holds the state record for completing the race in **8.55.17mins** – now that's fast!

With the guidance of Blessed Edmund Rice, may we continue to strive with strength to be of service to others. Live Jesus in our Hearts Forever.

Yours truly,

Br Paul Conn
Principal

END OF TERM 1 – BEGINNING OF TERM 2
Term 1 will finish on Friday, 12th April at 3:15 pm.

Monday, 29th April

First day Term 2 for students, includes
ANZAC Day Commemoration

FROM THE DEPUTY PRINCIPAL

Being a parent or carer of children is never easy. There are always challenges, but also many rewards and satisfactions. In an era of society promoting materialism and various other wants, it is obvious that children will regularly ask for things. In many instances, these will be considered *needs*. However, in other situations, they may simply be *wants*.

Parents love their children and it's only natural that they wish to make them satisfied and happy as much as possible. It is normal for parents to purchase or permit things because they wish to please their kids. At the same time, it is also critical to consider responding with *No* when it may seem to be appropriate.

In recent years, there have been numerous articles about the importance of children hearing *No* for things that may be considered *wants*. Why? It makes our kids learn that instant gratification or satisfaction is not always part of life. Sometimes in our life journey, we may need to wait and be patient for things that we want. It may also contribute to our children being more resilient when they do not immediately always get what they ask for. The article using the link below provides a snapshot example on this topic.

<https://www.nytimes.com/2017/05/17/well/family/to-raise-better-kids-say-no.html>

CSDA PUBLIC SPEAKING COMPETITION

As a school community, we congratulate Oskar Stubbs (10 Treacy) who won the Year 10 CSDA Public Speaking Competition last Friday evening. This was an outstanding achievement as Oskar was competing against numerous high-quality public speakers across all schools in the Archdiocese of Sydney. I wish to thank staff members – Paul McCallum, Dan Valencic, Marella Healy and Dr. John Lee for their support of Oskar during the event.



LEARNING GOALS

All students should have their learning goals organised and be working towards actively achieving them. Parents are strongly encouraged to regularly discuss these goals with their sons at home.

UNIFORM AND GROOMING

Please be aware that it is an expectation that boys are neat and presentable at all times. Recently, some boys have been followed up about not having their shirts tucked in. Expectations linked to personal grooming include boys being clean shaven and hairstyles which are neat and do not draw attention to the individual. I thank parents for their support with this matter.

God bless,

Mr Frank Chiment
Deputy Principal

IDENTITY UPDATE

As we travel our Lenten Journey, it is important to stop and reflect on the significance of this time within the busyness of our lives.

In 2019, Lent began with Ash Wednesday on 6th March. As a community, we joined with the universal Church as we marked this day with a special liturgy in which all present received ashes blessed by Chaplain, Fr Trevor Hird and we were reminded to 'Return to God with all your Heart'.



Lent reminds us of the forty days that Jesus spent in the wilderness before he took up his public ministry. During this time, he fasted and prayed. During Lent we are called upon by the Church to focus on our relationship with God by becoming closer through prayer and doing good deeds for others. By restoring broken relationships and by being reconciled for our transgressions we are truly living the spirit of Lent.

Each Wednesday during Lent, a number of staff gather before school for a Lenten Reflection, facilitated by Fr Trevor. Along with Community Mass each Friday morning, these periods of time for community prayer are welcome to begin the work and school day and I thank all staff and students for their participation.



Ash Wednesday Liturgy, 6th March



Also during Lent, we support the work of Caritas Australia (through their Project Compassion Appeal) as well as fundraising for our Brother Community in Lima Peru. At the time of writing, we have collected approximately \$2000 for Caritas. If we continue our generosity, we will reach our target amount by the end of term and proudly contribute to Caritas in their nation-wide appeal.

We have also prayed throughout this Lent for Women everywhere as 8th March this year was International Women's Day and for Harmony Day on 21st March, which, in light of the Christchurch tragedy recently is another reminder of the need to work for peaceful resolution.

Our Easter Liturgy is set down for our last day of term (12th April) and I encourage all students and families to take up the invitation of our parishes to participate in the many liturgical celebrations during Holy Week, each one rich with symbolism of the love and sacrifice of Christ for all of us. Holy Week commences with Palm Sunday on 14th April.



As we continue the journey together,
Ms Lucie Farrugia
Assistant Principal – identity

CURRICULUM UPDATE

YEARS 5 -11 INTERIM REPORTS

- Sentral is an online tool that allows CBHS to enhance its communication regarding your son's learning and therefore strengthen the valued partnership between Christian Brothers' High School Lewisham and the parent community.
- Interim Reports are prepared for students in Years 5-11 (only) and will be available for access via the Sentral Parent Portal (only).
- The Interim Reports are designed to provide an indication of how your son has progressed through Term 1 and will provide a starting point for the upcoming Parent/Teacher Meetings.

For the Interim Report there are four areas that are reported on:

- **Overall Academic Progress**
- **Contribution to class activities**
- **Completion of set tasks**
- **Respectfulness**

Then each of these areas require a level of "competency" either a 1 or 2 or 3

- 1 = **Above expected standard**
- 2 = **Meets expected standard**
- 3 = **Below expected standard**

YEARS 5 -10 PARENT/TEACHER MEETINGS VIA SENTRAL PARENT PORTAL

- Sentral is an online tool that allows CBHS to enhance its communication regarding your son's learning and therefore strengthen the valued partnership between Christian Brothers' High School Lewisham and the parent community.
- The Parent/Teacher Meetings for Years 5-10 are scheduled for Monday, 13th May 2019.
- This day is a student free day for Years 5-12.
- All Years 5-10 students must attend their Parent Teacher Meetings in full school uniform.
- Bookings are available to make online from 9.00am on Tuesday, 26th March and will close 10.00pm Saturday, 11th May 2019.
- New families to our community received a letter at the commencement of Term 1 explaining how to access the CBHS Sentral Parent Portal for the first time.
- **New families to our community were asked to secure the Sentral Parent/Meeting letter in an easy-to-remember place as it has an unique booking code for each student/family.**
- If you require assistance with accessing the Sentral Parent Portal electronic booking system, please contact the CBHS IT Department on helpdesk@cbhslewisham.nsw.edu.au (only).
- Students in Years 5-12 will be dismissed at 1.30pm on Tuesday, 21st May for the scheduled Years 11-12 Parent/Teacher Meetings.

YEARS 11-12 PARENT/TEACHER MEETINGS VIA SENTRAL PARENT PORTAL

- Sentral is an online tool that allows CBHS to enhance its communication regarding your son's learning and therefore strengthen the valued partnership between Christian Brothers' High School Lewisham and the parent community.
- The Parent/Teacher Meetings for Years 11-12 are scheduled for Tuesday, 21st May 2019 commencing at 2pm.
- Students in Years 5-12 will be dismissed at 1.30pm on this day.
- Years 11-12 students must attend their Parent Teacher Meetings in full school uniform.
- Bookings are available to make online from 9.00am on Tuesday, 26th March and will close 10.00pm Sunday, 19th May 2019.
- New families to our community received a letter at the commencement of Term 1 explaining how to access the CBHS Sentral Parent Portal for the first time.
- **New families to our community were asked to secure the Sentral Parent/Meeting letter in an easy-to-remember place as it has an unique booking code for each student/family.**
- If you require assistance with accessing the Sentral Parent Portal electronic booking system, please contact the CBHS IT Department on helpdesk@cbhslewisham.nsw.edu.au (only).
- Monday, 13th May is a student free day for students in Years 5-12 for the scheduled Years 5-10 Parent/Teacher Meetings.

2019 HSC ORAL EXAMINATIONS TIMETABLE FOR LANGUAGES

- The HSC Oral Examinations for Languages will be conducted from Thursday, 8th August to Wednesday, 14th September 2019.
- The NSW Education Standards Authority (NESA) has released its timetable for Language oral examinations and it is available on the NESA website under Key Dates and Exam Timetables.
- With the majority of Language students here at the College undertaking Italian, the following dates apply: Italian Beginners on Saturday 31 August; Italian Continuers on Saturday, 17th August; and Italian Extension on Saturday, 14th September.
- Specific information about examination times and venues will be made available to students via Students Online approximately three weeks before their examination date.
- Students can find additional information on how to prepare for their oral examination on the Advice for Students Attempting HSC Languages Examinations page on the NESA website.

Mrs Monica O'Brien
Assistant Principal - Curriculum

MATHEMATICS

If your son finds Mathematics a challenge, how can you help?

First and foremost, please ensure that your son is arriving to class with the correct equipment:

* Textbook * Exercise book * Calculator * Pen/Pencil * Ruler

These are the minimum requirements for every lesson. As a long time teacher, it can be quite frustrating when the best intended lessons are cast aside as one deals with a lack of equipment. Let it be said that it is not the teacher's responsibility to supply your son with a textbook or a calculator, it is a school expectation that he has them.

Please take the time to look at your son's exercise book. Ensure that it is up to date. Is there work missing? Is there working out? This is essential in Mathematics. Has the teacher checked the work? A teacher will initial and date work; feel free to do the same.

Check your son's diary on a regular basis.

Mathematics homework should be issued most lessons and documented in the diary. A teacher will communicate with you primarily via the student diary. Please ensure that if your son is having problems with homework, he sees his teacher prior to the lesson and not leave it till the lesson where a homework infringement will be issued.

Finally and most importantly communicate with the classroom teacher if issues arise, the sooner the better.

Thanking you,
Mr Dimitrios Maltas, Mathematics KLAC

CSDA PUBLIC SPEAKING

Oskar Stubbs (Year 10), kept all spellbound with his masterful manipulation of the topic, "I'm not making this up, you know!" and is to be congratulated on his groundbreaking win in the grand final of the CSDA Public Speaking Competition. This follows Oskar's success in 2016 and marks just the second time a CBHS Lewisham student has won a grand final in the history of the competition.

Mr Paul McCallum, Public Speaking and Debating Coordinator

MCC SPORT REPORT

Trials for the upcoming MCC Football and Rugby League season continue this Wednesday, 27th March after school, rain permitting. All trials except Opens Football and the Year 10 Football team, who train at Arlington, will take place at Beaman Park with return transport provided. Boys will return to school at approximately 5:15pm. Trials will continue this Thursday during sport with possible matches in the Football v Rosebank. Details will be provided to boys at training on Wednesday.

Congratulations to our Golf and Squash teams who competed in the MCC Championships last Thursday. The squash team finished in third place and won the Most Improved Team trophy while the Golf team finished in 4th place with Tyler Nesci in the U14s retaining his MCC Golf Title. The Cross Country team will compete this Thursday in the MCC Championships at King George Park. Good luck to the team.

Congratulations to Kai Hammond who was crowned LANSW 3000m Champion last weekend. Kai will be striving to win the Opens MCC Cross Country title at this week's meet.

All parents requiring information about NSW Combined Catholic College teams and events should visit the new website at www.csss.nsw.edu.au to download all information and entry forms. Parents should go to the "help" section after entering the NSWCCC site and then follow the registration links. Once complete, your sons will receive a once only CCC identification number which they can then use to nominate for all sports at CCC level through their school life. Please note that ALL individual entries and nominations must be done by parents of interested students via this process. Families should check the website for clarification, so your sons don't miss out.

Term 1 Events

28th March MCC Cross Country
4th April MCC Junior CCC Cup Gala Day

David Mamo, Sports Coordinator