



## National Sorry Day 2016

Last week, Primary classes took some time to reflect on National Sorry Day, officially held each year on May 26th. I encourage you to make up your own mind about former Prime Minister Kevin Rudd's 'sorry' apology. The following Aboriginal responses give you food for thought; there are many trends and common thoughts:

*I feel great. I'm on top of the world, I'm floating on air. It's a big weight off my shoulders... It's the closure I need.*

*~ Archie Roach, Aboriginal singer and songwriter and member of the Stolen Generations*

*The apology will help to heal the scars but it will never heal my pain and hurt.*

*~ Mary Farrell-Hooker, member of the Stolen Generations*

*I fully welcome the apology to the Stolen Generation as a lot of people will now know what took place.*

*~ Alec Kruger, member of the Stolen Generations*

*I'm really encouraged and buoyed by the chance that has been taken here to really open the door to the process of healing.*

*~ Dr Alex Brown, Aboriginal doctor*

*The word 'sorry' doesn't come near what [my father] went through. They can apologise in a thousand different ways without saying sorry. Actions speak louder than words.*

*~ Norman Stewart, son of a Stolen Generations member*

*To me, our Prime Minister's apology is saying to my granny and the thousands like her, their children, grandchildren and great grandchildren, that we understand your pain and we acknowledge this long-ignored chapter in our history.*

*~ Che Cockatoo-Collins, head of the Indigenous Sports Academy, Port Adelaide*

*I am inspired by this apology as an act of true reconciliation towards Indigenous Australia.*

*~ Mick Dodson, co-chairman of Reconciliation Australia*

*Kevin Rudd's eloquent and culturally sensitive words undoubtedly facilitated the lifting of the heavy emotional load from the frail shoulders of those beautiful, resilient Stolen Generations victims.*

*~ Stephen Hagan, Aboriginal academic*

(Source: [www.creativespirits.info/aboriginalculture/politics/sorry-apology-to-stolen-generations](http://www.creativespirits.info/aboriginalculture/politics/sorry-apology-to-stolen-generations))

## da Vinci Decathlon

Congratulations to the boys who recently went to the da Vinci Decathlon at Knox Grammar School. This day is designed to bring together over 2400 students from over 300 schools to compete over a number of disciplines including: Mathematics & Chess; English; Science; Code Breaking; Engineering; Philosophy; Creative Producers; Art & Poetry; Cartography; and General Knowledge.

Year 5 Team: **James Parmegiani, Anthony Kazzi, Zak Theoharis, Will Kerin, Adam Maher, Jacob Dibble, Paul Elia & Thomas Hardy.**



Year 6 Team: **Jonah Sowmi, Peter Masesa, Jazz Foy, Raph Gordon, Harry Stathakis, Luke Nenadic, Patrick Gallagher & Bailey Armstrong.**

In a first for the School and a very proud moment our Year 5 placed First in the discipline of Mathematics and Chess. This is an outstanding effort when you consider the number of schools and students present on the day. Special congratulations to the Year 7 team who achieved Third place in Science. The following boys need to be congratulated for their outstanding achievement (all of whom came through CBHS Primary):

**Will Cossetto, Mitchell Dai, Xavier Hassey, Matthew Moussa, Julian Perin, Alexander Righi, Joachim Sacapano and Oskar Stubbs.**

Thank you to our teachers who attended the day, Mrs Stephenson and Mr Cohen.

## Night Patrol



For the Primary students, it is sometimes very limiting as to what they can do to help with different social justice issues because they are so young. One way we do show great support is by giving very generously to the Night Patrol appeal. The food goes out with our Year 11 boys on a Saturday night to distribute to the homeless of Sydney. During the coming weeks this will become even more important as we approach winter. The Year 11 boys will be coming down to the Primary students to talk about their experiences and where this food you so kindly donate ends up. If you have any warm blankets or jackets they would also be very much appreciated. Once again thank you for your generosity. Food donations are very welcome at any time of the year.

## Consequences

This is a quote from the Congregational Leader of the Christian Brothers, Br Phillip Pinto; New York, 2002

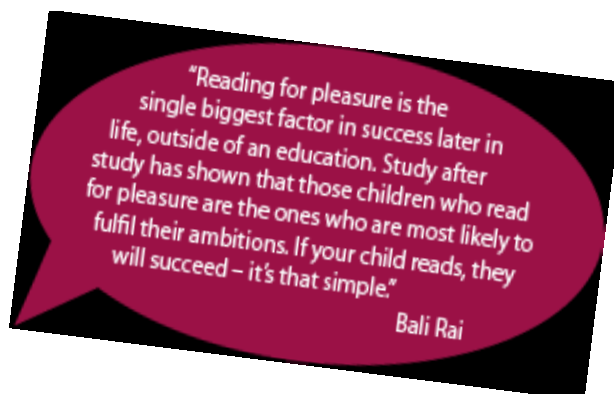
*"I see no value in a centre of learning, which churns out numberless school leavers each year and is passively part of a society torn apart by divisions of race and partisan politics... Our schools exist to challenge popular beliefs and dominant cultural values, to ask the difficult question, to look at life from the standpoint of the minority..."*

As a School community, and as a society, we need to make the boys aware that every action has a consequence. I understand better than most that we all make mistakes and with mistakes we affect others and in doing so, we need to either make amends or accept what is due to us. I am finding it more and more apparent that boys constantly refuse to take ownership of their mistakes or look for excuses or ways out of moving forward. Life is about learning from the mistakes you make but until you can first admit to the mistake, no learning is achieved.

## Benefits of Reading

The benefits of reading start with the first book a baby hears and continue into childhood and throughout the child's life. Here are the 10 Benefits of Reading- the Top 10 reasons why reading is important and why children – and adults! - should read often and wide

1. Kids who read often and widely get better at it
2. Reading exercises our brain
3. Reading improves concentration
4. Reading teaches children about the world around them
5. Reading improves a child's [vocabulary](#) and leads to more highly-developed language skills
6. Reading develops a child's imagination
7. Reading helps kids [develop empathy](#)
8. Children who read do better at school
9. Reading is a great form of entertainment
10. Reading relaxes the body and calms the mind



## PRIMARY CHOIR

If you are interested in singing, we will be starting a Primary choir - please contact Ms Ferrone by e-mail.

## Communication

Communication

Teacher	Class	Room	Role
<b>Mr Philip Grosset</b> philip.grosset@cbhslewisham.nsw.edu.au	5G	D11	Class teacher
<b>Ms Danielle Stephenson</b> danielle.stephenson@cbhslewisham.nsw.edu.au	5S	D12	Class teacher Tracey Red
<b>Mr Marc Vozzo</b> marc.vozzo@cbhslewisham.nsw.edu.au	5V	D13	Class teacher Wynne Green
<b>Ms Tiffany Lawless</b> tiffany.lawless@cbhslewisham.nsw.edu.au	5L	D14	Class Teacher Gallagher Gold
<b>Mr Calvin Ambrose</b> calvin.ambrose@cbhslewisham.nsw.edu.au	6A	D22	Class teacher Chess coordinator Brady Blue
<b>Ms Daniela Ferrone</b> daniela.ferrone@cbhslewisham.nsw.edu.au	6F	D23	Class Teacher Healy White Primary REC
<b>Mr Michael Winchester</b> michael.winchester@cbhslewisham.nsw.edu.au	6W	D24	Class Teacher O'Neill Orange
<b>Mr Alan Davies</b> alan.davies@cbhslewisham.nsw.edu.au	6D	D25	Class Teacher Kearney Black
<b>Mr Nick Poulos</b> nick.poulos@cbhslewisham.nsw.edu.au	5N	W20	Class teacher Magee Purple
<b>Ms Tracey Malloy</b> tracey.malloy@cbhslewisham.nsw.edu.au		D21	Learning Support Indigenous Primary
<b>Ms Meredith Azzopardi</b> meredith.azzopardi@cbhslewisham.nsw.edu.au			Art/Health Teacher Yr6
<b>Mr Chris Cohen</b> chris.cohen@cbhslewisham.nsw.edu.au		D21	Learning Support
<b>Ms Jennifer Cooper</b> jennifer.cooper@cbhslewisham.nsw.edu.au		D21	Learning Support
<b>Mr Mark Woodbury</b> mark.woodbury@cbhslewisham.nsw.edu.au		A108	AP - Primary



## Parent survey results Term 1

Thank you to all those parents who filled out our survey forms on the progress of Term One.

### What did your son enjoy about term 1?

#### FRIENDS

- New friendships (52)
- Friends (4)

#### INDIVIDUAL

- Wearing his uniform
- Receiving merits (3)
- Recognised for his efforts and behaviour (5)
- Routine/discipline (4)
- Being more independent (7)
- Being a school leader (3)

#### SCHOOL

- House school spirit (4)
- Mass at the Cathedral (3)
- The teachers (20)
- Having a variety of teachers (3)
- School environment (5)
- Family being together at one school (2)
- Being a part of the School community (4)
- P & F events (5)
- Technology (3)
- Transport (3)

#### ACADEMIC

- Academic challenge (15)
- History (3)
- Music (4)
- Art (2)
- Italian (2)
- Library time (3)
- Maths (6)
- Science (15)
- Class blog (3)
- Homework structure (4)
- Reading (3)

#### SPORT / EXTRA CURRICULA

- Sporting activities (42)
- Swimming carnival (8)
- Chess (5)
- Everything (4)
- Singing (2)
- Tech club (2)
- Choir (2)
- Handball (5)
- Camp (18)

### What has been the hardest thing about settling into CBHS Lewisham?

- Managing before and after school time
- Strictness of teachers (2)
- Nothing (35)
- Getting motivated to read
- Demerits (4)
- Accelerated Reader (4)
- Lack of communication
- Moving classrooms (4)
- Handball
- Academic pressure (2)

- Early starts (5)
- Getting involved in sporting activities (3)
- Teacher/ parent communication over homework
- Transport (10)
- Making friends (11)
- Homework (15)
- No grass area (5)
- Organisation (6)
- Huge adjustment to size of the school (2)
- Keeping up with all the activities
- Getting used to the independence Demerits (4)
- Worried about being bullied

- Being responsible for his actions
- No girls
- School size (3)
- Old friends not at the school
- Diary system (4)
- New rules (3)
- Putting his tie on
- Camp
- The older boys who are no help (3)
- Anxiety
- Lack of consideration over split families
- IT portals




### What can we do better to assist your son fitting into CBHS Lewisham?

- More parent involvement /social events
- Encourage the boys to have a go more often
- Communication when the boys are struggling
- Activities to help boys gain more confidence
- More sporting opportunities
- Modified tasks for some boys
- Assistance with day/ organisation
- Assistance with anxiety
- More effective communication
- Help with use of diary
- Reward success, don't punish failure
- Behaviour of older boys on transport
- Work around social skills
- Meetings once a week or month to discuss progress of boys, both socially and academically
- Communication regarding school events
- Monitoring students stress and social interactions
- We would like an environment where my son can ask questions and ask for assistance
- Homework given before the weekend
- More leadership opportunities
- No House homeroom time
- Monitoring bullying
- Better use of technology – homework online
- Time to do Accelerated Reader quizzes during homeroom time
- Setting goals and monitoring them
- More English assistance
- Work around boys coming from split families
- Tasks need to be more interesting

### Canberra Evaluation

Year 6 students were asked to evaluate their recent trip to Canberra. The results were as follows:

( 1. Didn't Enjoy It 2. Was 'OK' 3. Liked It 4. Great 5. Loved it )

		1	2	3	4	5
VENUE	Electoral Education Centre	13	48	60	25	4
	Royal Australian Mint	9	23	37	41	34
	Parliament House	7	37	37	51	17
	Old Parliament	7	55	26	42	15
	Australian Institute of Sport	8	17	36	39	41
	Questacon	9	18	22	38	61
	Australian War Memorial	2	7	19	43	76
	ACCOMMODATION	IBIS	24	25	34	38
MEALS	Accommodation / meals	46	43	31	16	11
	Hog's Breath Cafe	60	33	19	13	15
NIGHT ACTIVITY	'I PLAY'	2	7	10	30	91

### Comments by students on how to improve the excursion:

- \* Have hot sandwiches for lunch
- \* More fun activities
- \* More time for sleep
- \* More free time
- \* Let us choose our buses
- \* Have an extra day so we could spend more time at some activities
- \* Canberra was cold - can you make it warmer?
- \* No uniform
- \* Later time for breakfast
- \* Ban door knockers
- \* Bring our phones
- \* Better food
- \* Hotel closer to the activities
- \* Longer at the war memorial
- \* More TV selections in the rooms
- \* Summer excursion
- \* Have a movie night



## SEASONS FOR GROWTH PROGRAM

Seasons for Growth is a program for children who have experienced significant change or loss. It is based on the belief that change, loss and grief are a normal and valuable part of life. Areas examined include the impact of changes such as death, separation, divorce, and natural disaster upon our lives, and explore how we can learn to live with and grow from these experiences.



The core intentions of this program are the development of resilience and emotional literacy to promote social and emotional wellbeing. The program is educational in nature and does not provide therapy.

We use the imagery of the four seasons to illustrate that grief is cyclical, not a linear journey with a clear end. Trained “Companions” facilitate small groups where participants share their experiences, and support and learn from one another. Peer support is a key element of the program, and confidentiality is strongly emphasised. Since its launch in 1996, Seasons for Growth has reached over 120 000 children and young people, as well as thousands of adults, in Australia, New Zealand, the UK, Ireland and Peru.

If you wish to have your son participate in the Seasons program run in the School, please email me or Mr Alessandro Digiaco, the School councillor. [Alessandro.Digiaco@cbhslewisham.nsw.edu.au](mailto:Alessandro.Digiaco@cbhslewisham.nsw.edu.au)

~ Mr Mark Woodbury, Assistant Principal – Primary



Term 2, 2016			
Week 7	Friday	10 Jun	Accelerated Reader Semester 1 target
Week 8	Mon	13 Jun	School closed - Queen's Birthday Public Holiday
	Wed	15 Jun	UNSW Spelling Competition
	Thu	16 Jun	AFL Finals North Ryde – selected team – try out Thursday Sport
	Fri	17 Jun	UNSW Writing Competition
Week 9	Mon-Tue	20-21 Jun	School Musical, Footloose, 7:00 pm, Br Julian McDonald Centre
	Wed	29 Jun	Rugby League All Schools Carnival – U10, U11 & U12 - Lugarno
Week 10	Fri	1 Jul	Term 2 concludes



## Waterford Learning Centre

### Accelerated Reader

Targets must be reached by Friday, June 10. Points for Semester 2 can be earned from Monday, June 13. The Accelerated Reader Assembly will take place on Friday, June 24, where students who have reached their targets, with an average of 80% or above, will be recognised.



### Year 5

Students are learning about renewable and non-renewable energy in our **Powering the Planet** unit. Thanks to everyone who bought the app, which made this topic more accessible for the boys. During the remainder of the term, students will be focussing on a particular form of energy and groups will present their research to the rest of the class.

### Year 6

Most classes have completed **An Ancient Land** unit, and have commenced **Our Risky Earth**. Congratulations to the students who produced some excellent “talking landform” videos using the app, FaceTalker. Well done! Students are reminded that their marks for this unit contribute towards the Science mark on their half-yearly reports.

### Library and Information Homework

Students have one lesson per week in the library. It is the responsibility of the student to catch up on the work he has missed. This work should be completed before the next library lesson. Thank you for your continued support.



## Surfing Scientist

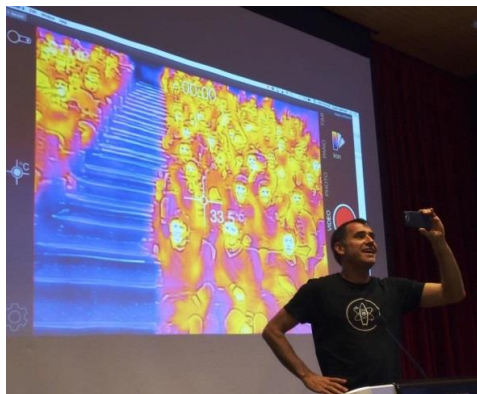
Lewo boys were thrilled and astonished when physicist, Ruben Meerman, came to visit Year 6 last Wednesday. The "Surfing Scientist" wowed his audience with laser beams, exploding balloons, and a big cylinder of liquid nitrogen. Ruben conducted a number of exciting experiments, and explained the physics behind each of them. An innovative user of technology, Ruben also used an infrared camera to project his audience onto the big screen of the Treacy Centre to demonstrate long-wavelength light.

After his performance, the Surfing Scientist answered lots of questions and had further discussions with a group of eager students and teachers, who were reluctant to leave!

Jacob Chalhoub of 6P writes:

***On the 25<sup>th</sup> of May, a scientist of the study of Physics came to Christian Brothers' High School Lewisham to teach us and show us most of his experiments and how they work. Of course, the majority of the students learned a thing or two, but I must admit that watching the experiments was much more exciting than listening to how they function!***

***As the writer of this short article, I did personally enjoy seeing a balloon bursting inside another balloon! All the experiments were amazing and I'm sure the majority of the students would agree with me!***



Ruben Meerman turns the infrared camera on the audience. Their temperature is 33.5 degrees Celcius!



Liquid Nitrogen – an essential ingredient for the science lab!



The Surfing Scientist shows the boys the carbon dioxide that has turned to liquid inside the balloon.



Eager questions from Year 6 after the presentation.

*~ Ms Julia Martin and Mrs Tanya Toohey, Waterford Learning Centre*



# PRIMARY SPORT



## ANNUAL PRIMARY ATHLETICS CARNIVAL 2016

Events	UNDER 10	UNDER 11 - YEAR 5	UNDER 11 - YEAR 6	UNDER 12
<b>100m</b>	Daniel Fortini 15.68 Zac Morgan 16.10 Giorgio Tadros 16.38 Gabriel Carboni 16.41	Michael Asprou 15.22 Gabriel Derrick 15.25 Filippo Lopane 15.35 Arron Vassiliou 15.40	Cameron Kanaan 14.36 JP Catalano 14.94 Pasquale Treeves 16.00 Gabriel Kayrouz 16.12	Liam Fitzgerald 14.09 Bailey Gifford 14.52 Dimitri Tselis 14.83 Marcus Papanicolaou 15.14
<b>200m</b>	Sebastian Santos 35.96 Daniel Fortini 37.13 Gabriel Carboni 37.16 Giorgio Tadros 38.18	Charlie Buda 33.31 Athan Alexiadis 34.09 Stelios Roulis 35.17 Dean Catena 35.40	Cameron Kanaan 31.66 JP Catalano 33.57 Callum O'Brien 37.00 Dimitri Kouris 37.41	Liam Fitzgerald 33.84 William Sabolch 34.00 Bailey Gifford 34.13 Zain Unal 34.24
<b>800m</b>	Gabriel Carboni George Hakko George Tadros Patrick Bailie	Gabriel Tseros Stelios Roulis Athan Alexiadis Dean Catena	Gabriel Tseros Stelios Roulis Athan Alexiadis Dean Catena	Bartolomeo Nicolliello Peter Kostopoulos Marcus Papanicolaou
<b>Shot Put</b>	Zac Morgan 6.87 Connar McLeod	Gabriel Tseros 7.57 Marcus Gabrael 7.22 Emmanuel Tseros 6.99 Tame Tupou 6.95	Jayden Martins 7.59 Gabriel Kayrouz 7.54 Zach Hayek 7.46 Jacob Sahyoun 6.42	Noah Milford 10.2 William Sabolch 8.75 George Stavis 8.27 Dante Lanzafame 8.15
<b>Long Jump</b>	Zac Morgan 3.25 Giorgio Tadros 3.23 Christian Kulen 3.11 Anthony Mangraviti 3.02	Athan Alexiadis 3.56 Aaron Vassiliou 3.41 Michael Asprou 3.33 Alexander Moreira 3.29	Cameron Kanaan 3.43 J. Catalano 3.39 Zac Collins 3.31 Zac Hayek 3.04	Ashtyn Bell 3.58 Carlos sukkar 3.52 Marcus Papanicolaou 3.41 Bailey Chambers 3.40
<b>High Jump</b>	Zac Morgan 110 Anthony Mangraviti 100 Matthew Silva	Gabriel Tseros 120 Cullum slater 115 Jacob Klower 105 Michael Asprou 105	Cameron Kanaan 1.20 Peter Versonis 1.20 JP Catalano Callum O'Brien	William Sabolch Noah Milford Ashton Kazzi
<b>Discus</b>	Jerome Guirguis 14.5 Connar McLeod Tristan Boutros Zac Morgan	Gabriel Tseros 19.48 Stefano Maratos Charlie Kazzi Ryan Hughes	Jacob Bechara 13.79 Cameron Kanaan JP Catalano Jacob Kassas	Noah Milford 20.40 Alexander Hronis 16.74 Dimitri Tselis 16.74 Zain Unal 16.07
<b>Relay</b>	<b>Yr 5 Relay</b> 1. <b>Gallagher</b>		<b>Yr 6 Relay</b> 1. <b>Kearney</b> 2. <b>Healy</b> 3. <b>Wynne</b> 4. <b>Gallagher</b>	
<b>War Cry</b>	1. <b>Healy</b> 2. <b>O'Neill</b>	3. <b>Wynne</b> 4. <b>Kearney</b>	5. <b>Magee</b> 6. <b>Treacy</b>	7. <b>Gallagher</b> 8. <b>Brady</b>

## OVERALL HOUSE RESULTS



1. <b>Healy</b>	296
2. <b>Gallagher</b>	258
3. <b>Brady</b>	236
4. <b>Magee</b>	234
5. <b>Wynne</b>	220
6. <b>Treacy</b>	216
7. <b>Kearney</b>	212
8. <b>O'Neill</b>	207



## AGE CHAMPIONS

EVENT	Under 10		Under 11 Yr5		Under 11 Yr6		Under 12	
<b>AGE CHAMPION</b>	Zac Morgan		Gabriel Tseros		Cameron Kanaan		William Sabolch	
<b>RUNNER UP</b>	Giorgio Tadros		Athan Alexiadis		JP Catalano		Noah Milford	
<b>Third place</b>	Gabriel Carboni		Michael Asprou		Jacob Bechara		Liam Fitzgerald	
<b>Fourth Place</b>	Daniel Fortini		Arron Vassiliou		Gabriel Kayrouz		M Papanicolaou	

Thank you to...

- ❖ Our parent helpers– without you, we could not run this day: Mrs Nicoliello, Ms McCarthy, Mrs Skaf, Mrs Hannigan, Mrs Lymberis, Mrs Kerin, Mrs Vianello, Mrs Bruzzese, Mrs Sarkis, Mrs Tseros, Mrs Arena, Mrs Tsokos, Mrs Pinela, Mrs Collins and Mr Ulizzi
- ❖ Thank you to Ms Ferrone and Ms Lawless for the preparation of the carnival
- ❖ Thank you to Mr Grosset, Mr Cohen and parents for setting-up the field and equipment early in the morning.

thank  
you!

## Rugby League Brad McKay Sevens



*/ am a member of a team, and / rely on the team, / defer to it and sacrifice for it,  
because the team, not the individual, is the ultimate champion.*

~ Mia Hamm

Congratulations to our Brad McKay side that participated in the St George Grand Final of the Sevens event at Kogarah Jubilee, home of the St George Dragons. The team played a very big Carlton Public side and came away victors with a 28 – 4 score line. The team played a bright, open game with plenty of passing and hard running, highlighted by a great individual try from Kalai Freeman-Combo and, right on half time, a great try by John-Paul Catalano. Special thanks to Mr Roberts who looked after the side and to Mr Poulos who took them for a training run on the Monday. The team will participate in the state competition at Macquarie University later this year.

### The squad

Ethan Roberts (Captain), Jacob Matta, Tame Tupou, Ashtyn Bell, Dante Lanzafame, John Paul Catalano, Jamie Miletic, Kalai Freeman-Combo, Bailey Gifford, Robert Costa & George Stavis.

### Man of the Match - Kalai Freeman-Combo.

Kalai is a great reader of the game which was proven with his first touch of the ball when he scooped it up and took off down the blind side for a 60m try. His tackling is first class and he always puts the team first in a non-stop effort.

## Representative Sport

*Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it.*

~ Michael Jordan

Congratulations to a number of our boys who achieved outstanding results in the area of sport so far this year. Listed below are our representatives at the Sydney or MacKillop level. Sydney represents all Primary Catholic Schools in the Sydney metropolitan area (112 schools), while MacKillop represents half of all Catholic Schools in NSW (280 schools):

**Ashtyn Bell** Sydney Touch Team

**Matteo Bentivogli** Sydney Swim Team & MacKillop Swim Team

**Damien Bruzzese** Sydney Swim Team

**John Paul Catalano** Sydney Touch Team

**Alex Denmead** Sydney Soccer Team

**Janni Evangelidis** Sydney Swim Team

**Kalai Combo Freeman** Sydney Touch Team, Sydney Rugby League Team & Sydney Rugby Union Team

**Ronan Kennedy Mulgrew** Sydney Soccer team

**Sam Konstas** Sydney Cricket team

**Jacob Matta** Sydney Touch Team & MacKillop Touch Team

**Alexander McVeigh** Sydney Swim Team & MacKillop Swim Team

**Billy Panagiotlaris** Sydney Tennis Team & MacKillop Tennis Team

**Ethan Roberts** Sydney Rugby League Team, Sydney Rugby Union Team & MacKillop Rugby League Team

**Christian Sarkis** Sydney Swim Team & MacKillop Swim Team

**Nicholas Vance** Sydney Softball team & MacKillop Softball Team

**Marcel Youssef** Sydney Swim Team & MacKillop Swim Team



~ Mr Mark Woodbury, Primary Sport Coordinator

